

July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Adult Bereavement Group, 5:30 - 7 pm (FULL)	4	5	6
7	8	9	10	11	12 Adult Walking Group, 10:30 - 11:30 am (DROP IN)	13
14	15	16	17	18	19	20
21	22	23	24	25	26 Adult Walking Group, 10:30 - 11:30 am (DROP IN)	27
28	29	30 Adult Expressive Bereavement Arts Group, 5 - 6:30 pm (VIRTUAL DROP IN)	31			

Please note that the Adult Bereavement Group has moved to 22 Atwood Drive, 2nd Floor, Northampton.