

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8 Adult Bereavement Group, 5:30 - 7 pm (FULL)	9	10 Adult Walking Group, 10:30 - 11:30 am (DROP IN)	11
12	13	14	15 Adult Bereavement Group, 5:30 - 7 pm (FULL)	16	17	18
19	20	21	22 Adult Bereavement Group, 5:30 - 7 pm (FULL)	23	24 Adult Walking Group, 10:30 - 11:30 am (DROP IN)	25
26	27	28 Adult Expressive Bereavement Arts Group, 5 - 6:30 pm (VIRTUAL DROP IN)	29 Adult Bereavement Group, 5:30 - 7 pm (FULL)	30	31	

**The Adult Walking Group will be meeting at Look Park for January and February.
Park near the tennis courts and the group will meet just before the courts.**

